

# MS COMPLEMENTARY INTEGRATIVE HEALTH

(45 Quarter Credits)

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The program is organized into four 10-week Quarters per academic year (Fall, Winter, Spring, Summer). The plan of study is designed with 1-2 courses per Quarter. *Please see plan of study options on page 2.*

To review the course descriptions please click [HERE](#)

<b>Core Courses</b>	<b>Course Title</b>	<b>Credits</b>	<b>Pre-requisites</b>	<b>Course Offerings 23-24 AY</b>	<b>Course Offerings* 24-25 AY and after</b>
CIT 503	Holistic Living for the Caregiver	3		Fall	Winter
CIT 502	Foundations in Complementary & Integrative Therapies	3		Fall	Fall
CIT 501	Foundations of Phytotherapy	3		Winter	Fall
CIT 656	Traditional Healing Systems	3	CIT 502	Winter	Winter
CIT 511	Spirituality, Health, and Healing	3		Spring	Spring
CIT 657	Functional Approach to Clinical Nutrition	3		Spring	Summer
CIT 619	Principles of Bioenergy Therapies	3		Summer	Summer
CIT 553	Health and Wellness Coaching	3		Summer	Spring
CIT 626	Translational Research in Complementary and Integrative Health	3	CIT 656	Winter, Summer	Winter, Summer
CIT 696	Integrative Health Strategies I	3	CIT 501, CIT 502 & CIT 657	Winter, Summer	Winter, Summer
CIT 697	Integrative Health Strategies II	3	CIT 696	Fall, Spring	Fall, Spring
CIT 698	Graduate Seminar	3	CIT 697	Fall, Spring	Fall, Spring

			<i>(can be taken with CIT 698)</i>		
Electives	Must be CIT/CIH Courses	9			

\*subject to change

### IMPORTANT NOTES

- A final grade of a **B** or better is required for each course
- Students must maintain a 3.00 or better for their final “Term GPA” and “Cumulative GPA”.
- Financial Aid/Student Loans – graduate students who utilize student loans have to maintain a minimum enrollment of *4.5 credits per Quarter* or proceed with the two courses per quarter plan of study.
- The Graduate College policy requires students to complete the program within five years of their first enrollment term.

### Fall Start Plan of Study: One course per Quarter

TERM	FALL	WINTER	SPRING	SUMMER
YEAR 1	CIT 503	CIT 501	CIT 657	CIT 619
YEAR 2	CIT 502	CIT 656	CIT 511	Elective
YEAR 3	Elective	Elective	CIT 553	CIT 696
YEAR 4	CIT 697	CIT 626	CIT 698	

### Fall Start Plan of Study: Two courses per Quarter

TERM	FALL	WINTER	SPRING	SUMMER
YEAR 1	CIT 503 Elective	CIT 501 CIT 656 Elective	CIT 511 CIT 657	CIT 619 CIT 553
YEAR 2	Elective CIT 502	CIT 626 CIT 696	CIT 697 CIT 698	