

POST BACHELOR'S CERTIFICATE COMPLEMENTARY INTEGRATIVE HEALTH

(12 Quarter Credits)

Academic Advisor: Jillian Randall

267.369.5692 jnr56@drexel.edu

Track Director: Jackie Murphy, MSN, RN, CPN, CNE

Emails: jm532@drexel.edu

The program is organized into four 10-week Quarters per academic year (Fall, Winter, Spring, Summer). The plan of study is designed with 1 course per Quarter. *Please see plan of study option on page 2.*

To review the course descriptions please click [HERE](#)

Core Courses	Course Title	Credits	Pre-requisites	Course Offerings
CIT 501	Foundations of Phytotherapy	3		Winter
CIT 502	Foundations in Complementary & Integrative Therapies	3		Fall
CIT 503	Holistic Living for the Caregiver	3		Fall & Summer
Elective Options (choose one):				
CIT 511	Spirituality, Health, and Healing	3		Spring
CIT 513	Yoga for the Enlightened Practitioner	3		Spring
CIT 552	Integrative Advanced Relaxation Techniques	3		Summer
CIT 621	Spirituality, Hospice, and Palliative Care	3		Fall
CIT 622	Holistic Therapies in Hospice and Palliative Care	3		Winter Spring
CIT 623	Cross Cultural Issues	3		Spring
CIT 624	Foundations of Integrative Addiction Therapy	3		Fall
CIT 625	Spirituality, Empowerment, and Transformation	3		Winter
CIT 631	Intro to Nutritional Neuroscience	3		Spring
CIT 534	Witches, Wise Women and Women Healers	3		Winter
CIT 602	Women's Integrative Health	3	CIT 501, CIT 502 & CIT 503	Spring
CIT 658	Advanced Women's Integrative Health	3		Summer
CIH 507	Mindfulness Meditation	3		Fall, Winter, Spring, Summer

IMPORTANT NOTES

- A final grade of a **B** or better is required for each course
- Students must maintain a 3.00 or better for your final “Term GPA” and “Cumulative GPA”.
- The Graduate College policy requires students to complete the certificate program within two years of their first enrollment term.

Fall Start Plan of Study: One course per Quarter

TERM	FALL	WINTER	SPRING	SUMMER
YEAR 1	CIT 502	CIT 501	Elective	CIT 503